

Locations, Altitudes, Distances, and Times

DAY	LOCATION	ALTITUDE		VERTICAL		VERTICAL		DISTANCE		DISTANCE		TIMES	TOTAL TIMES
		FEET	METERS	FEET	METERS	FEET	METERS	MILES	KM	MILES	KM		
1	CUSCO	11,021	3,360			2,040	622			72	115		Bus: 2h 40m / Trek: 3h 30m or Trek: 6h
	Cusco-Izcuchaca	11,008	3,356	-13	-4			17	27			Bus: 35m	
	Izcuchaca-Huillque (Salkantay view pont)	12,120	3,695	1,112	339			17	27			Bus: 25m	
	Huillque-Tarawasi Archeological Site (Limatambo)	8,751	2,668	-3,369	-1,027			14	23			Bus: 50m	
	Limatambo-Mollepata Town (coffee break)	9,371	2,857	990	302			13	21			Bus: 30m	
	Mollepata-Marcocasa (start of acclimatization trek)	11,001	3,354	1,630	497			6	9			Bus: 20m	
	Marcocasa-Challacancha	11,979	3,651	978	298			3	4			Trek: 3h	
	Challacancha-Soraypampa (Salkantay Lodge)	12,690	3,869	711	217			2	4			Trek: 2h	
2	Soraypampa-Humantay Lake	13,845	4,221	1,155	352	0	0	2	3	4	6	Trek: 2h 30m	Trek: 4h 30m
	Humantay Lake-Soraypampa	12,690	3,869	-1,155	-352			2	3			Trek: 2h	
3	Soraypampa-Salkantay Pampa	13,625	4,154	935	285	121	37	2	3	8	13	Trek: 2h	Trek: 7h
	Salkantay Pampa-Soyrococha	14,730	4,491	1,105	337			2	3			Trek: 1h 45m	
	Soyrococha-Salkantay Pass	15,213	4,638	482	147			1	1			Trek: 45m	
	Salkantay Pass-Ichupata (lunch spot)	13,799	4,207	-1,414	-431			2	3			Trek: 1h 30m	
	Ichupata-Huayracmachay (Wayra Lodge)	12,812	3,906	-987	-301			2	3			Trek: 1h	
4	Huayracmachay-Rayampata (resting spot)	11,460	3,494	-1,351	-412	-3,398	-1,036	3	4	6	9	Trek: 1h 30m	Trek: 4h
	Rayampata-Collpapampa (Colpa Lodge)	9,414	2,870	-2,047	-624			3	5			Trek: 2h 30m	
5	Colpa Lodge-Wiñaypocco (resting spot)	8,246	2,514	-1,168	-356	-2,411	-735	5	9	14	22	Trek: 3h	Trek: 5h 30m / Bus: 45m
	Wiñaypocco-Lluscamayo (lunch spot)	7,938	2,420	-308	-94			1	2			Trek: 30m	
	Lluscamayo-Loreta (vehicle pick-up)	7,104	2,166	-833	-254			3	4			Trek: 1h 30m	
	Loreta-Llactapata Inca Trail	6,616	2,017	-489	-149			4	6			Bus: 45m	
	Llactapata Inca Trail-Lucmabamba (Lucma Lodge)	7,003	2,135	387	118			1	1			Trek: 30m	
6	Lucmabamba-Llactapata (Machu Picchu view point)	8,974	2,736	1,971	601	-771	-235	3	5	13	22	Trek: 3h 15m	Trek: 5h 45m / Train: 1h
	Llactapata Pass-Train Station	5,809	1,771	-3,165	-965			4	7			Trek: 2h 30m	
	Train Station-Aguas Calientes	6,232	1,900	423	129			6	10			Train: 1h	
7	Aguas Calientes-Machu Picchu	7,872	2,400	1,650	503	N/A	N/A	8	13	N/A	N/A	Bus: 25m	N/A
	Aguas Calientes-Cusco	11,021	3,360	3,149	960			63	101			Train/Bus: 3h	